

Fee Schedule 2024 – Short Courses

NQF	CREDITS	PROGRAMMES	FEES	
CERTIFICATION PROGRAMMES				
4	25	Fitness Instructor	R 8 500	
N/A	60	Health and Wellness Coach (Online Only)	Reg fee R 1 500	R 10 000
5	86	Personal Trainer Certificate	R 1 500	R9 950
5	86 (PT) 60 (HWC – eta credits)	Personal Trainer & Wellness Coach (Combined) (Online Only)	Reg fee R 1 500	<i>Upfront</i> R 17 950 <i>Term payments</i> R 22 950 <i>Term 1,2,3,4</i> = R5 363
SHORT COURSES				
4	15	Group Exercise Instructor (Aerobic, Step and Tone)	R 6 000	
4	15	Group Exercise Instructor (Resistance, HITT & Bootcamp)	R 6 000	
4	15	Group Exercise Instructor (Indoor cycling)	R 6 000	
4	15	Group Exercise Instructor (Yoga)	R 6 000	
4	15	Group Exercise Instructor (Pilates mat)	R 6 000	
REPS	18 CPD	Sport Massage	R 8 000	

¹ **Registration fee is non-refundable** and forms part of the total fee (R1500)

² **Upfront option:** Balance due end of January 2024

³ **Term payments due upfront at the start of every Term** over the one-year period

Term payment 1 (**due 31st Jan 2024**) Term payment 2 (**due 7th April 2024**) Term payment 3 (**due 7th July 2024**) Term payment 4 (**due 7th Oct 2024**)