

Fee Schedule 2022

NQF	CREDITS	COURSES	2022	
			Reg fee	Upfront fee ⁶
N/A	60	Health and Wellness Coach	R 1 500	R 12 500
5	86	Personal Trainer Certificate	R 1 500	R 14 000
4	15	Package Personal Trainer Certificate & Health and Wellness Coach (online)	R 1 500	R 25 000
		SHORT COURSES	TOTAL UPFRONT FEE	
4	28	Fitness Instructor		R 8 000
4	15	Group Exercise Instructor Resistance, HITT & Bootcamp		R 5 500
4	15	Group Exercise Instructor Aerobics, Step & Tone		R 5 500
4	15	Group Exercise Instructor Indoor cycling		R 5 500
4	15	Group Exercise Instructor Yoga		R 5 500
4	15	Group Exercise Instructor Pilates mat		R 5 500
REPS	18 CPD	Sport Massage (including exercise science)		R 7 500
		GRADUATE COURSES	TOTAL UPFRONT FEE	
5	40	Sport Conditioning and Periodised Training		R 12 000
5	20	Programme Design for Children		R 6 000
5	20	Programme Design for Older Adults		R 6 000
5	20	Programme Design for Pregnancy		R 6 000