

## Fee Schedule 2022

NQF	CREDITS	COURSES	2022	
N/A	60	Health and Wellness Coach	<b>Reg fee</b> R 1 500	<b>Upfront fee</b> <sup>6</sup> R 12 500
5	86	Personal Trainer Certificate	<b>Reg fee</b> R 1 500	<b>Upfront fee</b> <sup>6</sup> R 14 000
4	15	Package Personal Trainer Certificate & Health and Wellness Coach (online)	<b>Reg fee</b> R 1 500	<b>Upfront fee</b> <sup>6</sup> R 25 000
		<b>SHORT COURSES</b>	<b>TOTAL UPFRONT FEE</b>	
4	28	Fitness Instructor		R 8 000
4	15	Group Exercise Instructor   Resistance, HITT & Bootcamp		R 5 500
4	15	Group Exercise Instructor   Aerobics, Step & Tone		R 5 500
4	15	Group Exercise Instructor   Indoor cycling		R 5 500
4	15	Group Exercise Instructor   Yoga		R 5 500
4	15	Group Exercise Instructor   Pilates mat		R 5 500
REPS	18 CPD	Sport Massage (including exercise science)		R 7 500
		<b>GRADUATE COURSES</b>	<b>TOTAL UPFRONT FEE</b>	
5	40	Sport Conditioning and Periodised Training		R 12 000
5	20	Programme Design for Children		R 6 000
5	20	Programme Design for Older Adults		R 6 000
5	20	Programme Design for Pregnancy		R 6 000