

NQF	CREDITS	COURSE TITLE	REGISTRATION (INCL)	NEW 2018	DEPOSIT 2018 (INCL)
<b>CHE ACCREDITED   QUALIFICATIONS</b>					
<b>Admission: NSC, GCSE or Equivalent (NSC &gt; 30% and Eng &gt;40%)</b>			<b>FULL TIME CONTACT</b>		
5	137	Higher Certificate in Fitness	N\$ 1 000	N\$ 45 000	N\$13 200
5	120	Higher Certificate in Sports Recreation and Fitness Management	N\$ 1 000	N\$ 45 000	N\$ 13 200
<b>CATHSSETA   SHORT COURSES</b>					
<b>Admission: NSC, GCSE or Equivalent (NSC &gt; 30% and Eng &gt;40%)</b>			<b>PART TIME</b>		
5	86	Personal Trainer	N\$ 1 000	N\$ 12 000	N\$ 3 000
<b>Admission: NQF Level 3 Literacy and Numeracy</b>			<b>PART TIME OR ONLINE LEARNING</b>		
4	28	Fitness Instructor (including exercise science)	n/a	N\$ 7 000	N\$ 2 500
4	15	Group Exercise Instructor (Aerobics, Step and Tone) (excluding exercise science)	n/a	N\$ 4 500	N\$ 1 300
4	15	Group Exercise Instructor (Indoor cycling) (excluding exercise science)	n/a	N\$ 4 500	N\$ 1 300
4	15	Group Exercise Instructor (Yoga) (excluding exercise science)	n/a	N\$ 4 500	N\$ 1 300
4	15	Group Exercise Instructor (Pilates mat) (excluding exercise science)	n/a	N\$ 4 500	N\$ 1 300