

NQF	CREDITS	COURSE TITLE	REGISTRATION (INCL)	2018	DEPOSIT 2018 (INCL)
CHE ACCREDITED QUALIFICATIONS					
Admission: NSC, GCSE or Equivalent (NSC > 40% and Eng >40%)			FULL TIME CONTACT		
6	360	Diploma in Sport and Recreation Management	R 1 000	R 64 000	R 13 200
6	370	Diploma in Sport and Exercise	R 1 000	R 64 000	R 13 200
Admission: NSC, GCSE or Equivalent (NSC > 30% and Eng >40%)			FULL TIME CONTACT		
5	137	Higher Certificate in Fitness	R 1 000	R 45 000	R 13 200
6	120	Advanced Certificate in Fitness Sport Conditioning	R 1 000	R 45 000	R 13 200
6	125	Advanced Certificate in Fitness Special Populations	R 1 000	R 45 000	R 13 200
5	120	Higher Certificate in Coaching Science	R 1 000	R 45 000	R 13 200
6	120	Advanced Certificate in Coaching Science	R 1 000	R 45 000	R 13 200
5	120	Higher Certificate in Sports Recreation and Fitness Management	R 1 000	R 45 000	R 13 200
CATHSSETA SHORT COURSES					
Admission: NSC, GCSE or Equivalent (NSC > 30% and Eng >40%)			PART TIME		
5	86	Personal Trainer	R 1 000	R 12 000	R 3 000
5	55	Pilates Instructor	R 1 000	R 11 000	R 3 000

5	Yoga Alliance	Yoga RYT 200	R 1 000	R 20 000	R 6 000
REPS	0	Lifestyle coaching	n/a	R 4 500	R 1 300
Admission: NQF Level 3 Literacy and Numeracy			PART TIME OR ONLINE LEARNING		
4	28	Fitness Instructor (including exercise science)	n/a	R 7 000	R 2 500
4	15	Group Exercise Instructor (Aerobics, Step and Tone) (excluding exercise science)	n/a	R 4 500	R 1 300
4	15	Group Exercise Instructor (Indoor cycling) (excluding exercise science)	n/a	R 4 500	R 1 300
4	15	Group Exercise Instructor (Yoga) (excluding exercise science)	n/a	R 4 500	R 1 300
4	15	Group Exercise Instructor (Pilates mat) (excluding exercise science)	n/a	R 4 500	R 1 300
REPSSA SPECIALISATIONS					
These are certification programmes that are not credit bearing but are REPS aligned. These are also intended for the qualified practitioner.			PART TIME OR ONLINE LEARNING		
REPS	12 CPD	Sport Massage	n/a	R 6 000	R 2 500
REPS	12 CPD	Speed and agility	n/a	R 1 500	n/a
REPS	12 CPD	Kettlebell Coach	n/a	R 1 500	n/a
REPS	8 CPD	Primal Movement	n/a	R 1 500	n/a
REPS	12 CPD	Combat Trainer	n/a	R 1 500	n/a
REPS	12 CPD	Olympic lifting	n/a	R 1 500	n/a

REPS	8 CPD	Suspension trainer	n/a	R 1 500	n/a
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