

| NQF | CREDITS | COURSE TITLE | REGISTRATION (INCL) | 2018 | DEPOSIT 2018 (INCL) |
|--|---------|--|-------------------------------------|----------|---------------------|
| CHE ACCREDITED QUALIFICATIONS | | | | | |
| Admission: NSC, GCSE or Equivalent (NSC > 40% and Eng >40%) | | | FULL TIME CONTACT | | |
| 6 | 360 | Diploma in Sport and Recreation Management | R 1 000 | R 64 000 | R 13 200 |
| 6 | 370 | Diploma in Sport and Exercise | R 1 000 | R 64 000 | R 13 200 |
| Admission: NSC, GCSE or Equivalent (NSC > 30% and Eng >40%) | | | FULL TIME CONTACT | | |
| 5 | 137 | Higher Certificate in Fitness | R 1 000 | R 45 000 | R 13 200 |
| 6 | 120 | Advanced Certificate in Fitness Sport Conditioning | R 1 000 | R 45 000 | R 13 200 |
| 6 | 125 | Advanced Certificate in Fitness Special Populations | R 1 000 | R 45 000 | R 13 200 |
| 5 | 120 | Higher Certificate in Sports Recreation and Fitness Management | R 1 000 | R 45 000 | R 13 200 |
| CATHSSETA SHORT COURSES | | | | | |
| Admission: NSC, GCSE or Equivalent (NSC > 30% and Eng >40%) | | | PART TIME | | |
| 5 | 86 | Personal Trainer | R 1 000 | R 12 000 | R 3 000 |
| Admission: NQF Level 3 Literacy and Numeracy | | | PART TIME OR ONLINE LEARNING | | |
| 4 | 28 | Fitness Instructor (including exercise science) | n/a | R 7 000 | R 2 500 |

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|---|--------|--|-------------------------------------|---------|---------|
| 4 | 15 | Group Exercise Instructor (Aerobics, Step and Tone) (excluding exercise science) | n/a | R 4 500 | R 1 300 |
| 4 | 15 | Group Exercise Instructor (Indoor cycling) (excluding exercise science) | n/a | R 4 500 | R 1 300 |
| 4 | 15 | Group Exercise Instructor (Yoga) (excluding exercise science) | n/a | R 4 500 | R 1 300 |
| 4 | 15 | Group Exercise Instructor (Pilates mat) (excluding exercise science) | n/a | R 4 500 | R 1 300 |
| REPSSA SPECIALISATIONS | | | | | |
| These are certification programmes that are not credit bearing but are REPS aligned. These are also intended for the qualified practitioner. | | | PART TIME OR ONLINE LEARNING | | |
| REPS | 12 CPD | Sport Massage | n/a | R 6 000 | R 2 500 |
| REPS | 12 CPD | Speed and agility | n/a | R 1 500 | n/a |
| REPS | 12 CPD | Kettlebell Coach | n/a | R 1 500 | n/a |
| REPS | 8 CPD | Primal Movement | n/a | R 1 500 | n/a |
| REPS | 12 CPD | Combat Trainer | n/a | R 1 500 | n/a |
| REPS | 12 CPD | Olympic lifting | n/a | R 1 500 | n/a |
| REPS | 8 CPD | Suspension trainer | n/a | R 1 500 | n/a |